A case of acute respiratory failure due to bronchial rupture of an intrapulmonary cyst

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Abstract

Background: The bronchial rupture of intrapulmonary cyst is very rare. We describe a case of bronchial rupture of intrapulmonary cyst which caused acute respiratory failure. A 31-year-old pregnant woman was taken to our hospital with acute respiratory failure. Chest radiography showed right atelectasis. After cesarean with endotracheal intubation, the atelectasis and respiratory failure immediately improved. However, several days later she was suffered with dyspnea with right atelectasis again. Bronchoscopy revealed necrotic material obstructing the right upper bronchus. After she continued to expectorate necrotic material, chest computed tomography revealed an empty cyst in the right upper lobe. Bronchoscopy showed cecal cystic bronchiectasis and absence of the B1/2 bronchi. We diagnosed as intrapulmonary cyst caused by the bronchial atresia of B1/2. Presuming that the contents of the ruptured intrapulmonary cyst caused acute respiratory failure, we performed a right upper lobectomy. Although intrapulmonary cysts are often asymptomatic, life-threatening rupture can occur suddenly. We believe that the cyst’s potential for bronchial rupture is an indication for surgery.

Keywords: Intrapulmonary cyst, bronchial rupture, bronchial atresia, bronchial cyst

Introduction

Respiratory symptoms resulting from the rupture of peri-bronchial/tracheal cysts are rarely reported. We report herein a rare case in which the contents of an intrapulmonary cyst caused acute respiratory failure.

Case presentation

A 31-year-old woman had a history of asthma, hypoplasia of the right upper lobe on computed tomography, and repeated episodes of pneumonia from childhood. She began to experience asthmatic symptoms in the 32nd week of pregnancy and was treated as asthma by her primary physician. Two weeks later, she was taken to the emergency department for severe dyspnea. Blood gas analysis on 100% oxygen inhalation revealed a partial pressure of oxygen of 76.4 Torr. Despite a lack of a hematological inflammatory reaction, chest radiography showed a broad low-density area in the right lung field (Figure 1). After a cesarean was performed under general anesthesia with endotracheal intubation, her respiratory condition and the radiological findings immediately improved, and she was extubated on the first postoperative day.

However she had recurrent dyspnea on the ninth postoperative day. Bronchoscopy revealed necrotic material obstructing the entrance to the right upper lobar bronchus. She continued to expectorate necrotic material and chest computed tomography finally revealed an empty cyst instead of B1/2, persistent atelectasis and a dilated B3 in the right upper lobe (Figure 2). Repeat bronchoscopy revealed an empty cecal cyst where B1/2 should have been (Figure 3). B3 was observed as an ectatic bronchus filled with sputum.

We speculated that this intrapulmonary cyst ruptured into the airway, with the contents of the cyst flowing into the lower bronchi and obstructing the middle/lower lobes, causing repeated episodes of dyspnea. We performed a right upper lobectomy in order to prevent reaccumulation of the cystic contents and the recurrence of the airway obstruction. The postoperative period was uneventful.

Gross examination revealed that most of the upper lobe had been replaced by a cyst, and no B1/2 bronchi were observed. Microscopically, the cyst was lined by bronchial epithelium and had a fibrous wall, which included some bronchial glands and cartilages (Figure 4). Pathological diagnosis was intrapulmonary cyst formed by bronchial atresia.

Discussion

Judging from the clinical history, we speculate that this was a
congenital intrapulmonary cyst: bronchial cyst or congenital bronchial atresia. Bronchial cyst develops from aberrant separation of the bronchus during embryonic development; the cyst is the result of mucocele expansion in the separated bronchus. Bronchial atresia is a congenital obstruction of the normal bronchus, with peripheral bronchial dilation and mucus pooling. Mucoceles resulting from bronchial atresia
demonstrate dilation of the peripheral bronchus, caused by obstruction of the normal bronchus at the hilum [1]. In our patient the cyst replaced B1 and B2, suggesting that bronchial atresia was the culprit. Also pathological examination revealed intrapulmonary cyst formed by bronchial atresia.

Ramsay et al., [1] purport that rupture of the obstructing septum of a dilated mucocele caused by bronchial atresia may be the origin of congenital bronchiectasis. Rupture of cysts caused by bronchial atresia has not been reported in adults, but rupture of mediastinal bronchial cysts has been seen [2,3]. Amylase is usually secreted from bronchial glands [4]; therefore, if the wall of a cyst is lined by bronchial epithelium, it is possible that the amylase could cause bronchial cyst rupture.

Both intrapulmonary bronchial cysts and bronchial atresia often cause no symptoms in the absence of infection or cystic dilation and the patients only require follow-up observation [5,6]. However, clinicians should be alert for the possibility of bronchial cyst rupture which is capable of causing major, life-threatening airway obstruction.

Conclusion
Although intrapulmonary cysts caused by bronchial atresia are often asymptomatic, life-threatening rupture can occur suddenly. On the basis of our experience with the patient described in this report, we believe that the cyst’s potential for bronchial rupture is an indication for surgery.

Competing interests
The authors declare that they have no competing interests.

Authors’ contributions

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